Diary to assess urinary leakage

(photocopy for additional dates)

Nursing IN PRACTICE

HOW TO USE

- Record the time that urine is output – ie any time you use the toilet – in the 'time' column.
- Record the time that any liquid is taken, and how much, in the 'input' column.
- Record the amount of urine in the 'output' column. You should urinate into a measuring jug or similar.
- Record any urinary leakage, and what quantity, with an X in the 'leakage' column. For example, one X would indicate a small amount of leakage, whereas three would indicate a lot.

	Time	Input	Output	Leakage
	Example			
	06:00	N/A	100ml	N/A
	07:00	400ml	N/A	N/A
	07:30	N/A	N/A	XX
Date				
Date				